

Comenius Sports Day Event in Lithuania

Vilnius Lev Karsavin school organised a student and teacher conference for the Comenius project "Wake-up Shake-up: Promoting Health and Fitness" which took place in Jasinskiu bowling club on 19 June. This Forum involved students and teachers of several secondary schools of the region and aimed at developing a healthy lifestyle and psychological resistance, teaching and learning life skills. Conference participants presented their presentations on sports and fitness, discussed the results of the project, organised sports competitions, quizzes, which promote healthy lifestyle skills. Most active and motivated students and teachers were awarded diplomas.

