

Breakfast questionnaire

- 1) *Do you have breakfast before school ?*
a) Yes b) No

- 2) *What do you usually drink in the morning?*
a) Coffee b) Tea c) Juice d) Milk e) Hot chocolate

- 3) *How much time does it take you to have breakfast?*
a) 10 min b) 20 min c) 30 min

- 4) *What do you usually have for breakfast ?*
a) Cereal b) Sandwiches c) Porridge d) Other

- 5) *Is your breakfast healthy?*
a) Yes b) No

- 6) *What should perfect breakfast contain?*
a) Vegetables b) Sweets c) Meat

- 7) *What is your favorite breakfast?*

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- 8) *What kind of tea do you prefer?*
a) Black b) Green c) Fruit

- 9) *What kind of coffee do you prefer?*
a) Black b) Cappuccino c) Black with milk e) Other

10) *Do you think breakfast is important?*

a) Yes b) No