

A decorative border surrounds the page, featuring a variety of colorful balloons in shades of red, blue, purple, green, and yellow. Interspersed among the balloons are yellow stars and starburst patterns, creating a festive and celebratory atmosphere.

SKIPPING ROPE GAMES & RHYMES

Salt, Mustard, Vinegar, Cider (a long rope game)

Two players who are going to turn the rope are chosen to be the 'turners'. The players line up to take turns to jump into the centre of the rope and skip whilst chanting:

*Salt, mustard, vinegar, cider
How many legs on a great big spider?
One,
Two,
Three.....*

The player in the centre of the rope continues counting until he/she misses a skip at which point he/she runs out of the centre and joins the end of the line. The next child runs into the centre of the rope and repeats the rhyme. When everyone has had a turn, the next two in line replace the 'turners' and the game continues.